

## Participating practices in the Solihull Locality

Ellis Opticians	350 Bradford Road	Castle Bromwich	B36 9AD	0121 747 2115
Specsavers Opticians	Unit 34, 2-4 Greenwood Square	Chelmsley Wood Shopping Centre	B37 5TR	0121 329 5510
Ian Hadfield Optometrists	37 The Parade	Kingshurst	B37 6BB	0121 770 3226
Maginnis Opticians	32a Holly Lane	Marston Green	B37 7AE	0121 779 4242
Dickens Eye Clinic	39 Main Street	Dickens Heath	B90 1UB	0121 744 5544
Specsavers Opticians	207 Stratford Road	Shirley	B90 3AH	0121 506 8650
Boots Opticians	199 Stratford Road	Shirley	B90 3AU	0121 744 1207
Pike Opticians Ltd	452 Stratford Road	Shirley	B90 4AQ	0121 744 9093
Sims Opticians	1 Union Road	Solihull	B90 3BT	0121 744 6036
J & D Mason Opticians	18 Farmhouse Way	Shirley	B90 4EH	0121 705 8139
Boots Opticians	57 Mill Lane	Solihull	B91 3AT	0121 705 2152
Perspective Opticians	56 Drury Lane Mell Square	Solihull	B91 3BH	0121 709 1000
Rouse Opticians	681 Warwick Road	Solihull	B91 3DA	0121 704 2615
Specsavers Opticians	90 High Street	Solihull	B91 3TA	0121 711 3411
Eye Specialist Opticians	83 Hobs Moat Road	Solihull	B92 8JL	0121 742 6043
Vision Express (UK) Ltd	1642 High Street	Knowle	B93 0NA	01564 773466
Vision First Opticians	5 Oxhill Road, Shirley	Solihull	B90 1LR	0121 572 1160
Alan Tyler Opticians	11 Arden Buildings Station Road	Dorridge	B93 8HH	01564 772217
Maginnis Opticians	384 Kenilworth Road	Balsall Common	CV7 7ER	01676 532180

**The opticians listed below are not in one of the GP areas offering services, but can see patients who have a Solihull GP.**

Boots Opticians	2236 Coventry Road	Sheldon, Birmingham	B26 3JH	0121 743 3360
Specsavers Opticians	1086 Warwick Road	Acoccks Green, Birmingham	B27 6BH	0121 707 4916
New Image Opticians	1120 Warwick Road	Acoccks Green, Birmingham	B27 6BL	0121 707 9733
Banks Opticians	1115A Warwick Road	Acoccks Green, Birmingham	B27 6RA	0121 706 6604
Boots Opticians	1082 Warwick Road	Acoccks Green, Birmingham	B27 8BL	0121 706 1386
Alan Tyler Opticians	291 Fox Hollies Road	Birmingham	B28 0PH	0121 706 3998
Optical Eye Lusions	1514 Stratford Road	Birmingham	B28 9ET	0121 744 2805
Pabari Opticians	278 Baldwins Lane	Hall Green, Birmingham	B28 0XB	0121 745 3663
Pabari Opticians	2 Drakes Cross Parade	Wythall, Birmingham	B47 5HD	01564 824482

Please confirm the above details on the website for the most accurate and up-to-date information. See [www.eyecarewm.co.uk](http://www.eyecarewm.co.uk)



Primary Eyecare  
Heart of West Midlands Ltd



# Minor Eye Problems?



If you have a recent eye problem, such as sore eyes, red eyes or visual disturbance - you can be seen by your local Minor Eye Conditions Service.

This is an NHS funded service available from a number of local opticians. See inside for more information of what conditions are covered and how to **book an appointment**.

## What is a Minor Eye Conditions Service (MECS)?

### Conditions that can be seen under the service include:

- Red eye or eyelids
- Dry eye, or gritty and uncomfortable eyes
- Irritation and inflammation of the eye
- Significant recent sticky discharge from the eye or watery eye
- Recently occurring flashes or floaters
- In-growing eyelashes
- Recent and sudden loss of vision
- Foreign body in the eye

**Please note, this is not a sight test.**

If you are unsure whether your symptoms can be assessed and treated by the service, please contact a participating optician who will advise you. Also, if you have a major eye condition that is being regularly monitored by your optometrist or hospital eye service, this will not be covered by this service; for example, cataracts, diabetic retinopathy or glaucoma.

## Where should I go?

Registered optometry practices (opticians) offering the service are listed on the back of this leaflet. An appointment will normally be required, so telephone first. Appointments are available during normal working hours and some practices offer appointment at weekends. Not all practices have an optometrist available every day, but if they don't, **they** will be able to find you an alternative appointment nearby.

## Who is this service for?

If you are registered with a local GP you can use this service. It is for people of all ages – adults and children. Children under 16 years must be accompanied at their appointment by an adult.

Check on [www.eyecarewm.co.uk](http://www.eyecarewm.co.uk) for GP areas.

## How do I book an appointment with the service?

To make an appointment, call one of the opticians on the back of this leaflet. You will be asked some questions about your symptoms in order to assess how quickly you need to be seen by the service, which will be within 24 hours in urgent cases and within a few days for routine appointments.

Please take your glasses and a list of your current medication with you to the appointment. The optometrist may put drops in your eyes to enlarge your pupils in order to get a better view inside your eyes. You should not drive until the effects of these drops have worn off, which may take a few hours.

If your condition is more serious, the optometrist will book you an urgent appointment at a hospital eye clinic. If you need a routine appointment with a hospital, the optometrist will organise this for you.

You may also be advised to make an appointment with your GP if your eye condition is related to your general health.

**Don't go to hospital,  
ask your optometrist.**

