

# Practice News

October 2019



## FLU CLINICS

**Saturday 19<sup>th</sup> October 9am – 12pm**

**Monday 21<sup>st</sup> October 8am – 9am**

**Friday 25<sup>th</sup> October 9am – 10am (adults only)**

**Monday 28<sup>th</sup> October 11am – 12pm**

**Thursday 31<sup>st</sup> October 10am – 11am**

**Friday 1<sup>st</sup> November 9am-10am (adults only)**

## Carers

Do you spend a significant amount of time caring for a friend or family member as an unpaid carer? We are able to offer you support, and also a free flu jab? If you have not told us you are a carer, please ask at reception for a Carer's Identification form.

## PPG

Are you interested in joining our Patient Participation Group? You can attend meetings (we have 4 per year from 7-8pm), or can be a 'virtual member' and communicate via email. No experience in healthcare is required, we are interested in your ideas, what we do well, what we could do better, how we can improve the patient's experience at Arden Medical Centre. Give your details to reception, and we will contact you.

## New Doctors at Arden Medical Centre

Dr Nathan Ingamells is with us until the end of December. Dr Alison Denton is covering Dr England's maternity leave and will be with us until the end of May.